

MINISTRY UPDATE 2019 FALL

## News from Tomoko Steinbach

Dear Friends and Family,

As the year winds down and things begin to slow down, I want to share a couple highlights from the past few months. In October, I participated in a week-long workshop given by the Trauma Healing Institute. The workshop is designed to provide churches and lay Christians with a biblical understanding of trauma recovery and equip them to help people who have experienced traumatic events. The main responsibility of those of us in attendance was to translate a trauma workshop booklet into Japanese. A team of 15 bilingual Japanese participants, including myself, worked on the translation. During the workshop, we were also trained and certified to facilitate the program ourselves, something I plan to do in local churches this coming year.

In November, I directed the counseling services offered to attendees of the Church Planting Institute conference. Over 700 missionaries were gathered together and I, along with three other counselors, provided counseling to those who requested it.

I am encouraged by these two opportunities because they show that Japanese churches are beginning to recognize the importance of counseling and how it can bring healing to the suffering and pain in people's lives. On the other hand, these opportunities are also a reminder to me that there is still a lot to learn about the effects and treatment of trauma.



Door County, Wisconsin  
(Summer trip to U.S.)



Workshop by Trauma Healing Institute

I am very thankful for each of you and your participation in this ministry. Your support in the form of prayer, personal encouragement, financial gifts, and friendship has been overwhelming. Through you, I experience God's grace and love in ever new and wonderful ways. And at this time, as we celebrate the birth of Jesus, the Great Healer, let us bring healing into the hearts and lives of those around us.

Merry Christmas and Happy New Year!

Love,

Ryan & Tomoko Steinbach

Email: [Tomoko.Kabeya@Gmail.com](mailto:Tomoko.Kabeya@Gmail.com)  
My ministry website: [pmiweb.org/ts.php](http://pmiweb.org/ts.php)

Please join with me in praying for:

1. A vision for the future of Megumi Counseling.
2. Time to prepare for and conduct the trauma program workshops in the new year.
3. Additional experience and training in Christian Trauma Therapy.
4. A holistic and effective self-care system.
5. A further deepening and nurturing of my relationship with Ryan.



I enjoy leading worship on Sunday.

How can you support this vital work?  
Contribute by check (my name in memo)  
Presbyterian Mission International  
12330 Conway Road, St. Louis, MO 63141  
Or give online at <http://www.pmiweb.org/donations.php>  
All gifts are tax deductible.

